



Specialist Teaching and Learning Service

Ashford District

Newsletter Term 3 | 2022

Welcome to our Term 3 newsletter - how did we get to February so quickly!

We're really excited to welcome Sophie to our team, particularly with her skills and enthusiasm in supporting our Early Years pupils and colleagues.

It has been a tough term to get through and we wanted to saying a massive THANK YOU for all the support you have given us in keeping going as best we can...let's hope Term 4 is better for everyone!

It's great to be able to share some fantastic Sensory resources, and we hope that you find them useful. It is an area that we are always developing our skills on and we are fortunate to have strong links with Stella and other experts across the area.

Russell

Hello, my name is Sophie Cooper. I joined the Specialist Teaching and Learning Service at the beginning of term three and will be working as an intensive support worker alongside the specialist teachers.

I have worked in various mainstream settings supporting the inclusion of children with additional needs from early years up to key stage 2. Recently, I completed a BA degree in Childhood Studies (SEN pathway) and am now very excited to be part of this team and look forward to supporting many more children in this new role.

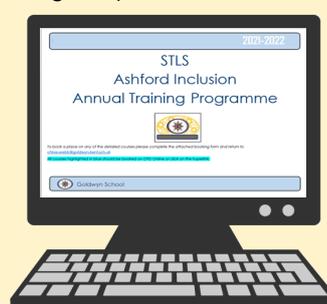


TRAINING

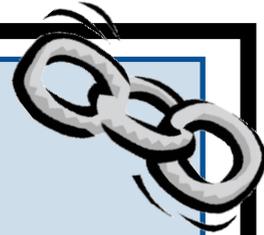
Course	Date	Time	Cost	Venue	Trainer
Sensory Processing Using a Sensory Profile Workshop	21/02/22	2pm	FREE	ONLINE	Stella Parkinson
ASD & Anxiety : Girls	28/02/22	9:30am-3pm	£50	Singleton Envi.	Sara Cave / Heather Woodcock
Autism Awareness for EY	08/03/22	9am-3pm	£50	Repton Connect	Dominic Gunn
Primary/Secondary SENCo Forum	11/03/22	1-4pm	FREE	Singleton Envi.	STLS
Attachment and Trauma	14/03/22	9:30-3pm	£50	Singleton Envi.	Amy Honey / Heather Woodcock
ADHD/ODD	24/03/22	9:30-11:30am	£37	Repton Connect	Sara Cave

*Details subject to change depending on the current situation with COVID19.
To confirm any details please email Chloe.Webb@goldwyn.kent.sch.uk*

Have you seen our upcoming training courses?
Booking form & schedule available to access from
Chloe.Webb@goldwyn.kent.sch.uk



USEFUL LINKS



What is Positive Self-Talk?

<https://positivepsychology.com/positive-self-talk/>

Interoception: The New Topic in Autism

<https://www.youtube.com/watch?v=A0zbCiakjaA>



Phonics: Government's approach to teaching reading is uninformed and failing children

<https://www.ucl.ac.uk/ioe/news/2022/jan/governments-approach-teaching-reading-uninformed-and-failing-children>

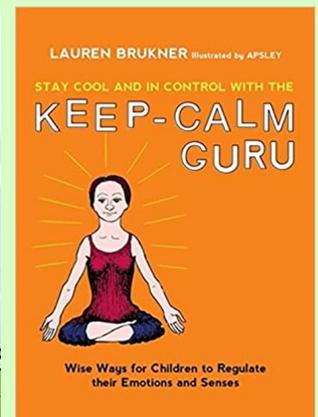
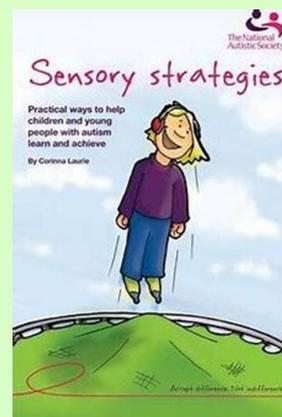
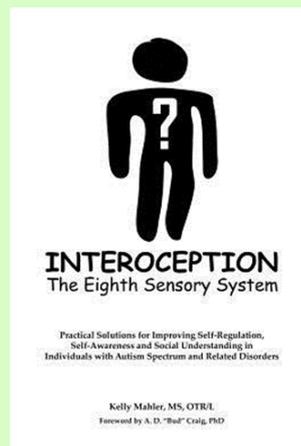
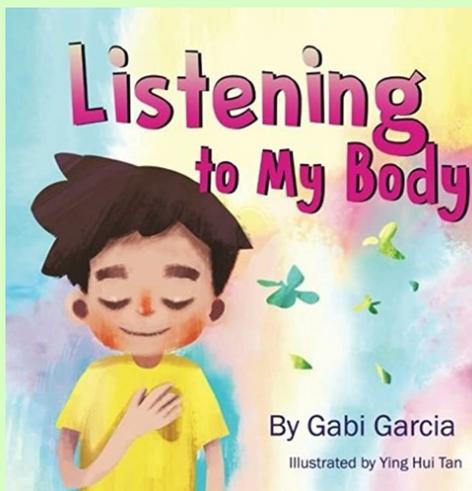
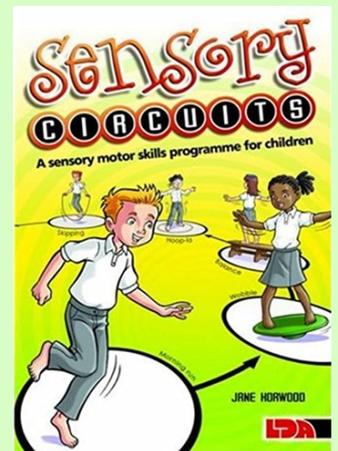
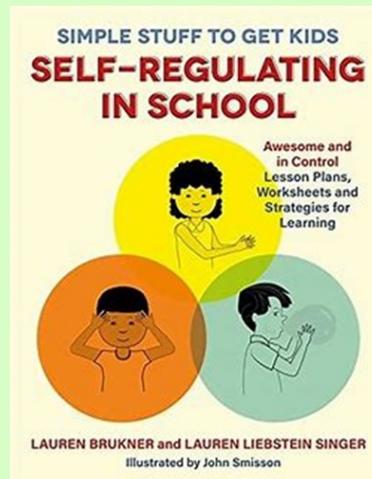
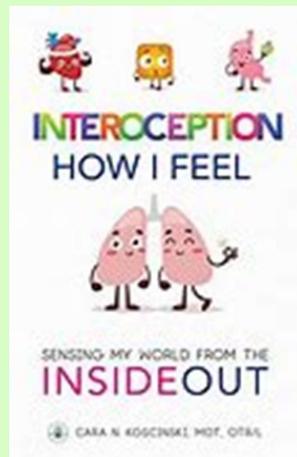
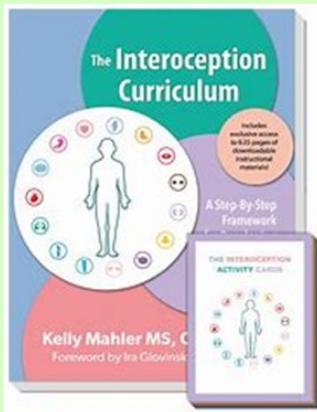
Speech and Language Progress Checker from ICan

<https://ican.org.uk/i-cans-talking-point/progress-checker-home/>

Brain Story Concepts: Serve & Return

<https://www.albertafamilywellness.org/resources/video/serve-and-return>

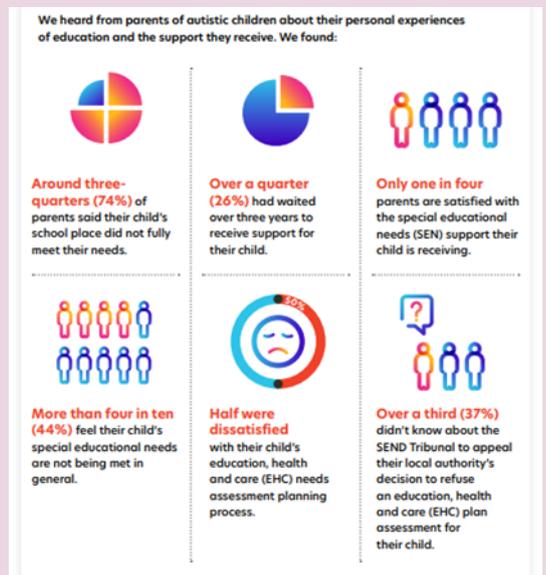
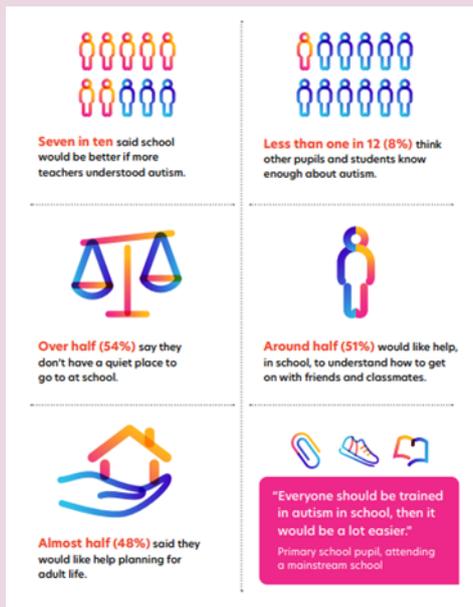
SENSORY BOOKS



NATIONAL AUTISTIC SOCIETY

The National Autistic Society released their School report in November 2021. With over 160, 000 Autistic children and young people in schools in England, over 70% of these are in our mainstream settings. The findings from the NAS are concerning, but not surprising...

WHAT ARE THE PARENTS AND CARERS SAYING?



WHAT ARE THE CHILDREN SAYING?

The NAS are driving for the government to use the above report to inform the upcoming SEND review, of which the date is yet to be set! To find out more and to read the NAS report – click here.

[School Report 2021 \(autism.org.uk\)](https://www.autism.org.uk)



National
Autistic
Society

THE SEND TRAINER

The SEND Trainer offers parents/carers/professionals an extensive range of training and advice on special educational needs.

The SEND Trainer, was set up in 2018, following 25 years, expertise in Local Authority Education and SEND. Emma also have extensive personal knowledge around SEND. Her aim is to provide professional, quality and friendly services which can be accessed by parents, children, carers and professionals.



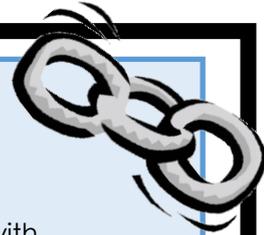
Email: emma.kaye@thesendtrainer.co.uk

Tel: 07814 056880

<https://www.thesendtrainer.co.uk/>



SENSORY LINKS



Stella Parkinson, our local Occupational Therapist has a useful You Tube channel with informative and practical videos to support with alerting and calming strategies, which can be found at: [Stella Parkinson - YouTube](#)

To find out more about our eight senses, and what we may see when a child is hyper or hypo reactive to these from the following sites, along with some practical tips and strategies to support

<https://www.youtube.com/watch?v=zd0NJ-J645w>

[Sensory differences - a guide for all audiences \(autism.org.uk\)](#)
[Your 8 Senses | STAR Institute \(sensoryhealth.org\)](#)

[Sensory challenges for autistic pupils \(autism.org.uk\)](#)

[Sensory differences - a guide for all audiences \(autism.org.uk\)](#)



[Sensory Issues | Autism Speaks](#)

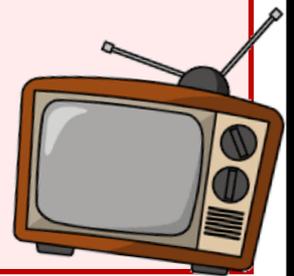
[Sensory Spectacle | SPD](#)

[GriffinOT - Sensory Processing Disorder Training Courses and Resources](#)

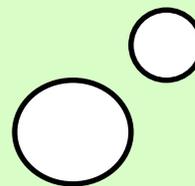
INSIDE THE AUTISTIC MIND

BBC Studios is making a new series with Chris Packham about the lived experience of autism for BBC Two. If you're autistic and would like to take part, please click the link below:

<https://www.bbc.co.uk/send/u98539434>



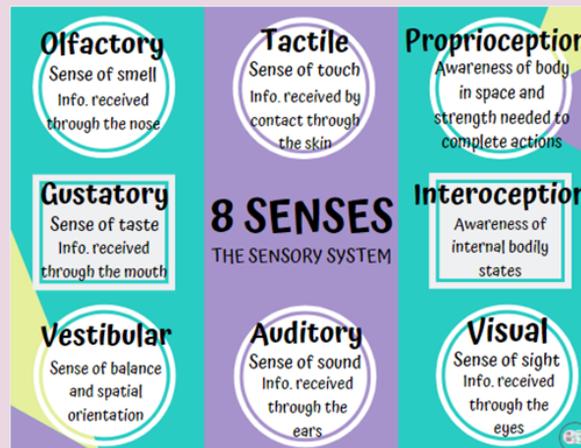
We spend a great deal of time teaching and supporting neurodivergent children to fit a neurotypical expectation and world. Would it be more ethical to spend time teaching neurotypical children to understand a neurodivergent world?



PAWS FOR THOUGHT

OUR 8 SENSES

For our children facing sensory challenges in the classroom to have their needs met and remove another barrier to learning, we can consider what indicators our young people may be displaying as they communicate their sensory differences. With 16 possible contributions from our 8 senses, each of which may be hyper-reactive (over responsive, getting too much, or hypo-reactive (under-responsive, not getting enough), the behaviours that we may see are manifold! Every single child will have a different sensory profile and need an alternative sensory diet. This can also fluctuate and alter between sensory systems. The attached clip can be an insightful way of reflecting on what it may be like for our young people with sensory challenges within some environments:



<https://www.youtube.com/watch?v=aPknwW8mPAM>

THE HIDDEN SENSE

The Interoception System is often referred to as the 'hidden' sense as this system is our inner body sense, allowing us to 'feel' our internal organs and give us information about our internal state, such as hunger, thirst, pain, temperature, tiredness and emotions.

To find out more about our eighth, hidden sense - Interoception, this is a useful video clip and some great books and web links below.

[Interoception: The New Topic in Autism - YouTube](#)

THE SENSORY SYSTEMS

The Interoception System

The interoception system is the internal sensory system of the body. The receptors for this system are located in the organs, muscles, and skin. Interoception is responsible for the sensations of hunger, thirst, temperature changes, bathroom needs, and any other internal body sensation.

Sensitivity Symptoms	Activity Suggestions
<ul style="list-style-type: none">• Difficulty with toileting (bed wetting and accidents).• Unable to track hydration or food intake (never feel thirsty or hungry. Or may always feel thirsty or hungry).• Difficulty in recognizing and communicating internal body states or sensations (feeling hot/cold, pain etc).• Difficulty regulating emotions and feelings (not feeling they are angry before they verbally or physically lash out).• Distracted by internal sensory input such as hearing their heartbeat.• Unable to tell how loud their voice is in an environment. May use sound to cover up unwanted sensory stimuli.	<ul style="list-style-type: none">• Mindfulness activities• Yoga• Heavy work activities• Alerting activities• Repetitive and rhythmic vestibular input• Visual prompts and cues to identify and communicate emotions• Social stories

WWW.GROWINGHANDSONKIDS.COM