

# STLS NEWSLETTER TERM 5

Welcome back to a new year! We hope you all had an amazing summer and have had a positive start to the term.

We're looking forward to being back out with you all and meeting the many new faces that have joined the Ashford district schools.



## Upcoming Training



### Specialist Teaching and Learning Service

#### Behaviour Awareness & Emotional Regulation Training

Suitable for TA's, SENCO's, class teachers and school leadership.

Do you have new or existing staff who would benefit from a sound understanding of how a child's ability to manage their emotions can be related to their environment?

This very popular session will support an understanding of co-regulation to support children who struggle in the mainstream environment

It will support your staff to discuss their own value systems and responses the challenges they see in children's behaviour.

**9.30am – 3pm**

Location: John Wesley Primary School  
Community Room

Cost : £60

October

**9**

Monday



### Specialist Teaching and Learning Service

#### Dyslexia Training

- To understand further what Dyslexia is and how best to support students within their learning.
- To be able to identify Dyslexia.
- To build your knowledge of the barriers Dyslexia presents to learning.
- To extend the range of practical strategies available to enable inclusion.

**9.30am – 12.30pm**

Goldwyn School, Great Chart  
TN23 3BT  
Cost : £40

October

**11**

Wednesday

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## Early Years LIFT Dates

LIFT Group	Term 1 Via Teams	Term 2 Via Teams	Term 3 2023 Via Teams	Term 4 (Teams or Venue) TBC	Term 5 (Teams or Venue) TBC	Term 6 (Teams or Venue) TBC
<b>L &amp; M</b>	<b>1.30</b> 11 September 2023	<b>1.30</b> 06 November 2023	<b>1.30</b> 08 January 2024	<b>1.30</b> 26 February 2024	<b>1.30</b> 22 April 2024	<b>1.30</b> 10 June 2024
Deadline for paperwork	<b>04/09/2023</b>	<b>30/10/2023</b>	<b>02/01/2024</b>	<b>19/02/2024</b>	<b>15/04/2024</b>	<b>03/06/2024</b>
<b>N</b>	<b>10.00</b> 13 September 2023	<b>10.00</b> 15 November 2023	<b>10.00</b> 17 January 2024	<b>10.00</b> 28 February 2024	<b>10.00</b> 24 April 2024	<b>10.00</b> 12 June 2024
Deadline for paperwork	<b>06/09/2023</b>	<b>08/11/2023</b>	<b>10/01/2024</b>	<b>21/02/2024</b>	<b>17/04/2024</b>	<b>05/06/2024</b>
<b>O</b>	<b>1.30</b> 26 September 2023	<b>1.30</b> 21 November 2023	<b>1.30</b> 23 January 2024	<b>1.30</b> 12 March 2024	<b>1.30</b> 07 May 2024	<b>1.30</b> 25 June 2024
Deadline for paperwork	<b>19/09/2023</b>	<b>14/11/2022</b>	<b>16/01/2024</b>	<b>05/03/2024</b>	<b>30/04/2024</b>	<b>18/06/2024</b>
<b>P &amp; Q</b>	<b>1.30</b> 27 September 2023	<b>1.30</b> 22 November 2023	<b>1.30</b> 24 January 2024	<b>1.30</b> 13 March 2024	<b>1.30</b> 08 May 2024	<b>1.30</b> 26 June 2024
Deadline for paperwork	<b>20/09/2023</b>	<b>15/11/2023</b>	<b>17/01/2024</b>	<b>06/03/2024</b>	<b>01/05/2024</b>	<b>19/06/2024</b>

## Primary and Secondary LIFT Dates

LIFT Group	Term 1 (via Teams)	Term 2 (via Teams)	Term 3 2024 (via Teams)	Term 4 (via Teams)	Term 5 (via Teams)	Term 6 (via Teams)
<b>L</b> Monday AM	<b>08.30</b> 11 September 2023	<b>08.30</b> 06 November 2023	<b>08.30</b> 08 January 2024	<b>08.30</b> 26 February 2024	<b>08.30</b> 22 April 2024	<b>08.30</b> 10 June 2024
<b>M</b> Tuesday PM	<b>13.00</b> 12 September 2023	<b>13.00</b> 07 November 2023	<b>13.00</b> 09 January 2024	<b>13.00</b> 27 February 2024	<b>13.00</b> 23 April 2024	<b>13.00</b> 11 June 2024
<b>N</b> Tuesday AM	<b>08.30</b> 19 September 2023	<b>08.30</b> 14 November 2023	<b>08.30</b> 16 January 2024	<b>08.30</b> 05 March 2024	<b>08.30</b> 30 April 2024	<b>08.30</b> 18 June 2024
<b>O</b> Tuesday AM	<b>08.30</b> 26 September 2023	<b>08.30</b> 21 November 2023	<b>08.30</b> 23 January 2024	<b>08.30</b> 12 March 2024	<b>08.30</b> 07 May 2024	<b>08.30</b> 25 June 2024
<b>P</b> Wednesday AM	<b>08.30</b> 27 September 2023	<b>08.30</b> 22 November 2023	<b>08.30</b> 24 January 2024	<b>08.30</b> 13 March 2024	<b>08.30</b> 08 May 2024	<b>08.30</b> 26 June 2024
<b>Q</b> Wednesday PM	<b>13.00</b> 04 October 2023	<b>13.00</b> 29 November 2023	<b>13.00</b> 31 January 2024	<b>13.00</b> 20 March 2024	<b>08.30</b> 22 May 2024	<b>13.00</b> 03 July 2024
<b>R</b> <b>Secondary Lift</b> <b>(Thursday)</b>	<b>1.00pm</b> 12 October 2023	<b>1.00pm</b> 16 November 2023	<b>1.00pm</b> 18 January 2024	<b>1.00pm</b> 07 March 2024	<b>1.00pm</b> 25 Apr 2024	<b>1.00pm</b> 04 July 2024



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## Training Schedules for Term 1 and 2

Date	Time	Training	Trainer	Venue	Cost
14 <sup>th</sup> September <i>Previously 12<sup>th</sup> September</i>	1pm – 3.30pm	Early Years Self Regulation Training	Dominic Gunn	Kent Invicta Chamber of Commerce	£40
9 <sup>th</sup> October	9.30am - 3pm	Behaviour Awareness and Emotional Regulation	Amy Honey Heather Woodcock	John Wesley Primary School	£60
27 <sup>th</sup> September	1pm – 3pm	SENCO Forum	STLS	Goldwyn School	FREE
28 <sup>th</sup> September	9.30am-10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre, Ashford	FREE
2 <sup>nd</sup> October	Slots booked via Sara	C&I Clinic	Sara Cave	Virtual – <i>please email Sara to book</i>	FREE
5 <sup>th</sup> October	Slots booked via Amy or Heather	SEMH Clinic	Amy Honey Heather Woodcock	Virtual – <i>please email Amy or Heather to book</i>	FREE
9 <sup>th</sup> October	Slots booked via Sherrie	C&L Clinic	Sherrie Hogg	Virtual – <i>please email Sherrie to book</i>	FREE
11 <sup>th</sup> October	9.30am - 12.30pm	Dyslexia Awareness	Sherrie Hogg	Goldwyn School	£40
12 <sup>th</sup> October	9.30am-10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre, Ashford	FREE
18 <sup>th</sup> October	2pm-3pm	Sensory Q&A Clinic	Sara Cave Stella Parkinson	Virtual	FREE

# STLS NEWSLETTER TERM 5

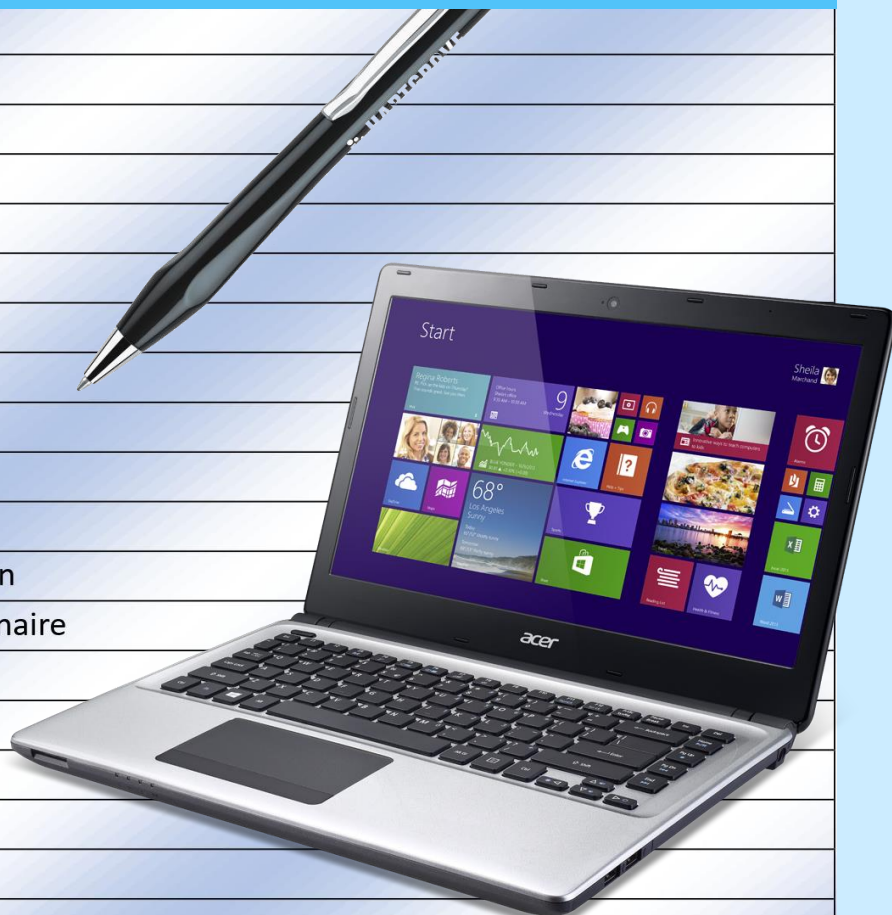
## Training Schedules for Term 1 and 2

Date	Time	Training	Trainer	Venue	Cost
23 <sup>rd</sup> November	9.30am - 3pm	ACES Attachment and Trauma Training	Amy Honey Heather Woodcock	Singleton Environment Centre	£60
9 <sup>th</sup> November	9.30am - 12.30pm	Pathological Demand Avoidance (PDA)	Sara Cave	Goldwyn School	£40
15 <sup>th</sup> November	Slots booked via Sara	C&I Clinic	Sara Cave	Virtual – <i>please email Sara to book</i>	FREE
16 <sup>th</sup> November	9.30am- 10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre, Ashford	FREE
21 <sup>st</sup> November	9.30am - 11.30am	All About Me	Sara Cave Russell Ames	Goldwyn School	FREE
27 <sup>th</sup> November	1pm – 3pm	Early Years SENCO forum	Dominic Gunn	TBC	FREE
6 <sup>th</sup> December	2pm-3pm	Sensory Q&A Clinic	Sara Cave Stella Parkinson	Virtual	FREE
6 <sup>th</sup> December	Slots booked via Amy or Heather	SEMH Clinic	Amy Honey Heather Woodcock	Virtual - <i>please email Amy or Heather to book</i>	FREE
7 <sup>th</sup> December	1pm – 3pm	SENCO Forum	STLS	TBC	FREE
13 <sup>th</sup> December	Slots booked via Sherrie	C&L Clinic	Sherrie Hogg	Virtual – <i>please email Sherrie to book</i>	FREE
14 <sup>th</sup> December	9.30am- 10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre Ashford	FREE

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## Virtual Training

Dyslexia Friendly Classroom
An Introduction to Social Stories
Pupil Voice
Precision Teaching
Developing Social Skills through Play
Emotion Coaching
Using the Outdoors
5 Point Scale
Using Visual Supports
Supporting Memory Difficulties
Closing the Gap and Differentiation
Supporting Wellbeing through Intervention
Using Strengths and Difficulties Questionnaire
Leuven Scale
Wellbeing Training
The Boxall Profile
Managing Anxiety
STAR Approach
Understanding Anxiety



To keep up to date with our training schedule and for more resources visit our website [ashfordinclusion.org](http://ashfordinclusion.org)  
 For access to our virtual training videos email [lizzie.wells@goldwyn.kent.sch.uk](mailto:lizzie.wells@goldwyn.kent.sch.uk) with the videos you would like.

## STLS Clinics



Clinic Specialism	Lead STLS contact	Dates
SEMH	Heather Woodcock <a href="mailto:Heather.Woodcock@goldwyn.kent.sch.uk">Heather.Woodcock@goldwyn.kent.sch.uk</a> Amy Honey <a href="mailto:Amy.Honey@goldwyn.kent.sch.uk">Amy.Honey@goldwyn.kent.sch.uk</a>	5 <sup>th</sup> October 6 <sup>th</sup> December 29 <sup>th</sup> January 15 <sup>th</sup> March 24 <sup>th</sup> April 14 <sup>th</sup> June
C&I	Sara Cave <a href="mailto:Sara.Cave@goldwyn.kent.sch.uk">Sara.Cave@goldwyn.kent.sch.uk</a>	2 <sup>nd</sup> October 15 <sup>th</sup> November 15 <sup>th</sup> January 6 <sup>th</sup> March 29 <sup>th</sup> April 12 <sup>th</sup> June
C&L	Sherrie Hogg <a href="mailto:sherrie.hogg@goldwyn.kent.sch.uk">sherrie.hogg@goldwyn.kent.sch.uk</a>	9 <sup>th</sup> October 13 <sup>th</sup> December 5 <sup>th</sup> February 4 <sup>th</sup> March 1 <sup>st</sup> May 19 <sup>th</sup> June
Early Years	Dominic Gunn <a href="mailto:dominic.gunn@goldwyn.kent.sch.uk">dominic.gunn@goldwyn.kent.sch.uk</a>	Term 2 – 8 <sup>th</sup> November 2023 Term 4 – 14 <sup>th</sup> March 2024



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All of our home-visiting services are funded by The Henry Smith Charity and The Frank Brake Charitable Trust. The additional services we offer are funded by The Lottery Community Fund. We also receive substantial support from The Kent Community Foundation and extra help from many other generous local and community organisations and benefactors.

Anyone with at least one child under 5 years can be referred to us for home-visiting. Our additional services and activities are open to older children and will be assessed individually for age appropriateness. We take referrals over the phone from the family themselves, their family or friends, or an organisation they are working with e.g. Health Visitor, Early Help, School etc.

Please feel free to email at any time if you'd like to discuss our services further.

E: [info@home-start-ashford.co.uk](mailto:info@home-start-ashford.co.uk)  
E: [referrals@home-start-ashford.co.uk](mailto:referrals@home-start-ashford.co.uk)



## Who we are

Home-Start Ashford & District was established in 1989 to offer practical and emotional support to families across Ashford, Tenterden and the surrounding villages. We are managed by a Board of Trustees who oversee the governance, continuation and development of our services which are run on a day-to-day basis by a team of staff and volunteers.

We are a local charity running autonomously and also affiliated to Home-Start UK who offer; Practice, Guidance, Policy, Quality Assurance, Governance, Safeguarding and Legal advice.

Our recent Quality Assurance review, 2018, assessed our scheme as demonstrating Good practice.

## What we do

We offer various types of support to families experiencing a range of difficulties including:

- Disability and illness
- Multiple birth/Children under 5
- Separation/Bereavement
- Financial concerns
- Mental Health including PND
- Isolation/Relocation



## Ashford & District

Home-Start Ashford & District  
The Corn Store  
Dover Place  
Ashford  
Kent  
TN23 1HU

E: [info@home-start-ashford.co.uk](mailto:info@home-start-ashford.co.uk)  
W: [www.home-start-ashford.co.uk](http://www.home-start-ashford.co.uk)

Charity No: 1105541  
Registered in England & Wales  
Company Ltd by Guarantee No: 5171519



## Benefits include:

- Reduced family isolation
- Increased social support networks
- Strengthened parent-child relationships
- Improved parents' physical health & emotional well being
- Developing and improving parenting skills
- Improved home environment
- Improved children's health, well being and development
- Increased family access to health, education and community services

## How we do it

As soon as you are referred to Home-Start Ashford & District you can choose which parts of our service you would like to access. We can offer some services immediately, others there may be a wait for. However your Co-ordinator will help to design your support and keep you updated throughout your time with us.

## Services on offer:

• **Home Visiting Volunteers**  
Weekly support (2/3 hours) from a trained volunteer for up to 1 year (at least one child under 5 years)

• **Family Support Workers**  
Short term (up to 12 visits) intensive support with a specific outcome e.g. financial budgeting (at least one child under 5 years)

• **Dads Group**  
Twice monthly group for Dads / Male Carers offering social & emotional support, informal learning and organised play activities

• **Tea Time Play Sessions**  
After school themed sessions providing informal learning opportunities and a time to eat together for the whole family

• **Mentoring & Supporting Young People**  
Up to six one-to-one sessions for children and young people aged 8-13 years designed to improve their emotional health and wellbeing. This may include fun activities, talking sessions and designing action plans



## Ashford & District

# Home-Start Ashford & District Little Minds Matter & Improving Lives



## Your Additional Services

- Baby Massage at home
- Drawing & Talking
- Sand Play
- Lego and Games Club
- Art Club
- Mindfulness and CBT approaches
- THRIVE, Emotionally Based School Avoidance Group

## Your Additional Activities

- Workshops and one-off events offering specific support, which could include Autism Awareness, Additional Needs, Mental Health 1<sup>st</sup> Aid, Healthy Lifestyles, Confidence Building or Returning to Employment
- Trips and interactive learning activities throughout the year for the whole family

ALL ACTIVITIES ARE FREE TO FAMILIES REGISTERED WITH HOME-START ASHFORD & DISTRICT



# STLS NEWSLETTER TERM 5

## Be Trained to Deliver CUES

### **Coping with Uncertainty in Everyday Situations (CUES)**



**A parent based group intervention for autistic children**

#### **When?**

10am-1pm Tuesday 12<sup>th</sup> March 2024 AND 10am-1pm Tuesday 19<sup>th</sup> March 2024.  
Delegates need to attend both sessions.

#### **Where?**

Via Microsoft Teams. Links will be sent to delegates following registration.

#### **What is involved?**

We will be providing training on how to deliver the CUES programme and support parents of autistic children and young people experiencing anxiety due to difficulties with uncertainty. The CUES intervention programme supports parents in gaining confidence in their ability to recognise and manage their child's difficulties with uncertainty through group learning opportunities. You will be required to attend two training workshops. Following attendance at both of the workshops we will provide you with:

1. The CUES Therapist Manual (pdf version)
2. PowerPoint slides for the 8 therapy sessions (electronic version)
3. All corresponding handouts and worksheets for parents (as pdfs)
4. A copy of the Uncertain Situations semi-structured interview (as a pdf)
5. A certificate of attendance

After the second workshop we will send you an anonymous feedback form to get some feedback from you about the training to help us to plan for future sessions. There will be £75 charge for the training and all of the materials, payable upon registration. 20 spaces will be available for the training sessions.

#### **How to register?**

Registration forms will be sent very soon, in the meantime please save the dates!  
If you have any queries at this stage, please contact [CUEStraining@newcastle.ac.uk](mailto:CUEStraining@newcastle.ac.uk)



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### Interventions and Resources Available for Schools and Parents

- **Family Fund** - improving the day-to-day lives of families on a low income, raising a disabled or seriously ill child, or young person. We do this by providing grants and services that ease daily pressures and improve quality of life. And by helping families to influence the wider support landscape. [Familyfund.org.uk](http://Familyfund.org.uk)
- **Willowbank Education** – captivating children and young people in Kent through fishing and forest school in 26 acres of woodland and wetland [willowbankeducation.co.uk](http://willowbankeducation.co.uk)
- **Wide Eyes Falconry** – believing that children can benefit greatly from interacting with wildlife. Providing a safe, fun, and educational environment where children can discover the thrill of working with birds of prey. [wideeyesfalconry.co.uk](http://wideeyesfalconry.co.uk)
- **Muddy Wellies** – a nurturing community farm in Smeeth
- **Equine Therapy in Bethersden** - helps people deal with personal challenges by building relationships with the animals. Designed to benefit people with psychological conditions, alongside those who want to develop interpersonal skills, or learn stress management techniques.
- **Kent Emotional Wellbeing Teams** - specially trained to help children at school with their emotional wellbeing and mental health. [nelft.nhs.uk/kent-emotional-wellbeing-team/](http://nelft.nhs.uk/kent-emotional-wellbeing-team/)
- **Chalkhill Farm** - EOTAS placements for young people from the age of 8 upwards using THRIVE and equine/animal therapeutic sessions. The sessions are for children and young people suffering from emotional trauma and attachment who need a bespoke service with a high staff to young person ratio.

### Beacon House Therapeutic Services and Trauma Team



**Beacon House** is passionate about developing freely available resources so that knowledge about the repair of trauma and adversity is in the hands of those who need it.

Visit [www.beaconhouse.org.uk](http://www.beaconhouse.org.uk) to view their amazing resources which range, from crafts, information, activities and therapies.

#### Child and Family Mental Health

- Building Resilience Training Aid
- Butterflies: Talking about body sensations
- Connection Card: Print and send to someone who needs it
- Dan Hughes 24 'S's': A Simple Guide To Raising Your Sensitive Child
- Drowning With Help: Thinking About Collaborating Around A Client
- Hidden Needs: The Iceberg Analogy
- Making Space: Accepting ALL Feelings
- Mirroring: Reflecting others thoughts and feelings
- Projective Identification: Taking On Feelings As If They Are Your Own
- Simple & Safe Questions (when talking about upsetting things)
- Survival Care: Taking nourishing micro moments
- Survival:Fight/Flight. What are you feeling?
- Survival:Freeze/Collapse. What are you feeling?
- The Anxiety Cycle

#### Trauma and Attachment in the Classroom

- Attachment Strategies In The Classroom: What Can You See? What Does It Mean
- Helen Oakwater: Why Are These Children Any Different?
- Moving From Behavioural to Relational Responses
- Printable Transition Cards
- Supporting Transitions: How To Weather The Transition Storm
- Trauma Informed Schools Resources Bank
- Using PACE In School

*These are only a few examples of the resources available at the Beacon House website*



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## NHS The Pod

Here you will find films, resources and links that can help your child achieve their therapy goals.

Supporting children and young people to develop their skills to their full potential, so they can participate in everyday activities. We work in partnership with you, your child and any other important people in their life. [kentcht.nhs.uk/childrens-therapies-the-pod](https://www.kentcht.nhs.uk/childrens-therapies-the-pod)



<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

**Pre-recorded, on-demand training available online: CONTENTS (as of 12/12/22)**

### Speech and Language

Early Language and Communication
Let's get talking
Helping your child's social communication
Supporting early interaction workshop
Top tips for talking
Using visual support

Autistic Spectrum Condition
BOSA assessment

Augmentative and Alternative Communication (AAC)
Communication Book
Communication Board
Starting out with signs and symbols
Kent and Medway Communication and Assistive Technology Service (KMCAT)

Feeding and swallowing
Fussy feeder workshop

School aged language
Introduction to SLCN
Parent/carer workshop SLCN – school age
School staff workshop SLCN – Primary school age
School staff workshop SLCN – Secondary school age
Transition to secondary school
Using visual support at school and home
Language through colour
Colourful semantics
Using a framework to develop reasoning skills

Speech sounds
Top tips for speech
Sounds fun
Phonological awareness
Minimal pairs
Cued articulation
A guide to generalisation of sounds

Hearing Impairment
Auditory discrimination
Hearing loss simulation

Selective mutism
Session 1: Understanding selective mutism
Session 2: Effective, round-the-clock support
Session 3: Implementing a small-steps programme
Session 4: Generalisation and transitions

Stammering
Supporting your child's fluency: An online parent workshop for children under the age of 8
Supporting your child's fluency: An online parent workshop for children over the age of 8

### Occupational Therapy

How to help your child have fun / Meal times
Socks and Sausages

Sensory processing
Understanding your Child's Sensory Processing - Part 1
Understanding your Child's Sensory Processing - Part 2
Understanding your Child's Sensory Processing - Part 3

### Physiotherapy

Being active
Exercises to make you stronger

Coordination and motor development
BEAM warm-up example

Hypermobility / Posture and back care
Core stability
Exercises to make you stronger

Under 2s development
Prone prop / Tummy time
Rolling
Lying to sitting
Supported four point kneeling
Half kneeling
Kneeling to standing
Sitting to standing
Standing
Cruising
Walking with a push along walker
Gym ball activities

# STLS NEWSLETTER TERM 5



East Kent Hospitals University **NHS**  
NHS Foundation Trust  
Occupational Therapy Service



## Sensory Circuits



### Training will cover:

- Sensory difficulties
- Precautions
- Risk assessment
- Aims
- Benefits
- How to do run sessions

**Location:** The Rainbow Centre, Ashford

**Length:** 1 hour training session 9.30-10.30

### Available Dates:

- 28<sup>th</sup> September — full
- 12<sup>th</sup> October 9 spaces available
- 16<sup>th</sup> November 3 spaces available
- 14<sup>th</sup> December
- 18<sup>th</sup> January
- 22<sup>nd</sup> February
- 21<sup>st</sup> March
- 23<sup>rd</sup> April
- 21<sup>st</sup> May
- 2<sup>nd</sup> July

**Cost:** free

Led by Stella Parkinson OT and Sara Cave - STLS

**To book:** Please contact [sara.cave@goldwyn.kent.sch.uk](mailto:sara.cave@goldwyn.kent.sch.uk) with requested date of attendance

## Picture Exchange Communication System (PECS) training

A 2-day workshop for staff working within the EYFS helping them effectively implement the PECS system and attain a Level 1 PECS certificate.



### DETAILS:

Monday 9th and Tuesday 10th October 2023  
Registration: 9.15am  
Start: 9.30am  
Finish: 4.00pm

Cost per delegate: £295.00

Dartford STLS Base  
Eynsford Road  
DA9 9HB

Cancellation period: 7 days prior to training date. Please note that late cancellations and non-attendance will result in the full fee being payable.



Dartford STLS



PYRAMID  
EDUCATIONAL  
CONSULTANTS

**BOOK HERE**



Specialist Teaching & Learning Service



## Concerned about your pre-school child's speech, language or communication skills?

Talking Walk-ins are play-based drop-in sessions where you can speak to a speech and language therapist

**Launching August 2023 - Just turn up!**

**For residents living in Ashford with pre-school-aged children.**  
(The service will be coming to other parts of Kent).

Children's Centre	Day/session
<b>The Willow Children's Centre</b> , Brookfield Road, Ashford, Kent, TN23 4EY Tel: 03000 418800	1st Thurs of month Time: 1.30-3.45pm
<b>Bluebells Children's Centre</b> , School Road, Hothfield, Ashford, Kent, TN26 1HA Tel: 03000 418300	2nd Weds of month Time: 9.30-11.45am
<b>Waterside Children's Centre</b> , Turner Close, Ashford, Kent, TN24 0PQ Tel: 03000 418700	3rd Weds of month Time: 1.30-3.45pm
<b>Sure Steps Children's Centre</b> , Belmont Road, Kennington, Ashford, Kent, TN24 9LS Tel: 03000 418600	4th Weds of month Time: 1.30-3.45pm
<b>Little Explorers Children's Centre</b> , Recreation Ground Road, Tenterden, Kent, TN30 6RA Tel: 03000 418400	5th Wednesday of the month (when occurs) Time: 1.30-3.45pm

Talking Walk-ins provide you with advice or ideas to try at home. We may signpost you to other support or invite you to a follow-up with the speech and language therapy service.

They run in school holidays, but not on Bank Holidays or between Christmas and New Year. Check the Children's Centre Facebook page for updates.

