



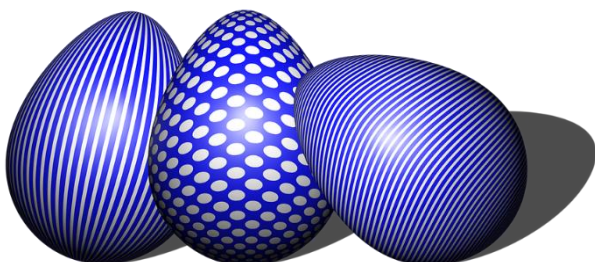
Specialist Teaching and Learning Service

# Term 4 Newsletter

# Contents

## Page Number

1. Front Cover
2. Contents
3. A message from Russell Ames, our District Inclusion Co-Ordinator
4. Lift Groups and Clinic Dates
5. Early Years Section
6. Primary and Secondary SENCO Forum Details & FREE KS1 Training
7. Term 5 Training Available
8. SEND Parent and Carers Drop-In Ashford
9. Ashford Speech and Language Drop-In Sessions
10. Autism Understood
11. Spring Self Care



Dear all,

The welcome signs of spring have arrived (I saw my first lamb of the season this week!) and fingers crossed the daily rain eases and the spring sunshine arrives... From a school perspective, the talk of transitions starts building momentum, and it was brilliant to see so many Primary and Secondary schools represented at our last SENCO Forum and engaging in collaborative discussions to make the process even more effective. Look out for more events and resources throughout Terms 4 and 5...

We would also like to say a massive THANK YOU to all of you for your support in us rolling out the AET (Autism Education Trust) training. This was a massive undertaking and Ashford has risen to the challenge (and we are leading the way across the county!) It has been a privilege to be part of this and seeing the impact it is having on inclusive practice for our children with autism across the district.

Lastly, we really do appreciate your engagement with us as a service and always welcome your feedback - and as our LIFT Executive says, we're 'Stronger Together'!

Your Ashford Inclusion Team (STLS/Outreach)



## Ashford Primary / Secondary LIFT Dates 2023-2024

LIFT Group	Term 1 (via Teams)	Term 2 (via Teams)	Term 3 2024 (via Teams)	Term 4 (via Teams)	Term 5 (via Teams)	Term 6 (via Teams)
L Monday AM	08.30 11 September 2023	08.30 06 November 2023	08.30 08 January 2024	08.30 26 February 2024	08.30 22 April 2024	08.30 10 June 2024
M Tuesday PM	13.00 12 September 2023	13.00 07 November 2023	13.00 09 January 2024	13.00 27 February 2024	13.00 23 April 2024	13.00 11 June 2024
N Tuesday AM	08.30 19 September 2023	08.30 14 November 2023	08.30 16 January 2024	08.30 05 March 2024	08.30 30 April 2024	08.30 18 June 2024
O Tuesday AM	08.30 26 September 2023	08.30 21 November 2023	08.30 23 January 2024	08.30 12 March 2024	08.30 07 May 2024	08.30 25 June 2024
P Wednesday AM	08.30 27 September 2023	08.30 22 November 2023	08.30 24 January 2024	08.30 13 March 2024	08.30 08 May 2024	08.30 26 June 2024
Q Wednesday PM	13.00 04 October 2023	13.00 29 November 2023	13.00 31 January 2024	13.00 20 March 2024	08.30 22 May 2024	13.00 03 July 2024
R Secondary Lift (Thursday)	1.00pm 12 October 2023	1.00pm 16 November 2023	1.00pm 18 January 2024	1.00pm 07 March 2024	1.00pm 25 Apr 2024	1.00pm 04 July 2024

**PLEASE NOTE – Paperwork for referrals to be submitted 1 week before the allocated Lift Meeting**      **\*\* STATS WEEK – 13<sup>th</sup> to 15<sup>th</sup> May 2023\*\***

## Ashford Early Years LIFT Dates Terms 1 to 6 2023-2024

LIFT Group	Term 1 Via Teams	Term 2 Via Teams	Term 3 2023 Via Teams	Term 4 (Teams or Venue) TBC	Term 5 (Teams or Venue) TBC	Term 6 (Teams or Venue) TBC
L & M	1.30 11 September 2023	1.30 06 November 2023	1.30 08 January 2024	1.30 26 February 2024	1.30 22 April 2024	1.30 10 June 2024
Deadline for paperwork	04/09/2023	30/10/2023	02/01/2024	19/02/2024	15/04/2024	03/06/2024
N	10.00 13 September 2023	10.00 15 November 2023	10.00 17 January 2024	10.00 28 February 2024	10.00 24 April 2024	10.00 12 June 2024
Deadline for paperwork	06/09/2023	08/11/2023	10/01/2024	21/02/2024	17/04/2024	05/06/2024
O	1.30 26 September 2023	1.30 21 November 2023	1.30 23 January 2024	1.30 12 March 2024	1.30 07 May 2024	1.30 25 June 2024
Deadline for paperwork	19/09/2023	14/11/2022	16/01/2024	05/03/2024	30/04/2024	18/06/2024
P & Q	1.30 27 September 2023	1.30 22 November 2023	1.30 24 January 2024	1.30 13 March 2024	1.30 08 May 2024	1.30 26 June 2024
Deadline for paperwork	20/09/2023	15/11/2023	17/01/2024	06/03/2024	01/05/2024	19/06/2024

### Next Term's Clinic Dates:

- ❖ C&I – 29<sup>TH</sup> April (Sara)
- ❖ SEMH – 24<sup>TH</sup> April (Heather & Amy)
- ❖ C&L – 1<sup>ST</sup> May (Sherrie)

To book a clinic place please email either Sara, Heather/Amy or Sherrie directly.

[Sara.cave@goldwyn.kent.sch.uk](mailto:Sara.cave@goldwyn.kent.sch.uk) [Amy.honey@goldwyn.kent.sch.uk](mailto:Amy.honey@goldwyn.kent.sch.uk)  
[Heather.woodcock@goldwyn.kent.sch.uk](mailto:Heather.woodcock@goldwyn.kent.sch.uk) [Sherian.hogg@goldwyn.kent.sch.uk](mailto:Sherian.hogg@goldwyn.kent.sch.uk)

## Early Years



### Relationships and well-being in Early Years.

Children's well-being is connected to educators well-being. [This Podcast](#) (*Episode 7*) from the Froebel Trust includes research from Dr Jools Page (University of Brighton) on attachment based relationships and how 'Professional Love' mitigates the impact of potential SEMH needs.

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## Early Years SENCO Forum - Ashford District

21st March 2024 1pm – 3pm  
Kent Invicta Chamber of Commerce

### Agenda

1. EY Conference feedback
2. BBC Tiny Happy People (Equality and Inclusion)
3. News and reminders from Equality and Inclusion.
4. Solihull training (Educational Psychology)
5. Talking Walk-Ins and CCCT (Speech and Language Therapy)
6. Early Years Educator well-being, resource by Kate Moxley
7. Children's Centre Bulletins (Early Help)
8. STLS Early Years – consultation on proposed changes



# PRIMARY AND SECONDARY SENCO FORUM

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**21<sup>st</sup> March**

**1PM – 3PM**

**GOLDWYN SCHOOL, GREAT CHART**

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## **Agenda**

- Secondary schools to present to Primary schools their transition 'offer'
- A chance to discuss the transition spreadsheet

## Speech Bubbles - free CPD sessions for KS1 staff

5 March 2024

As part of the Speech Bubbles programme, free CPD training on Creating a Communication-Friendly Classroom is available.

These are fantastic sessions where Speech Bubbles share parts of their practice with your staff to help create a communication-friendly classroom. These were hugely successful last year, with many schools feeding back that they have been using these techniques in their lessons to great effect.

### **Book your free session**

To book your free session with Speech Bubbles, please email Katie Sommers, Education Producer, at [bubbles@trinitytheatre.net](mailto:bubbles@trinitytheatre.net) with some options for dates and they will get that booked in for you!



## Next Term's Training

Date	Time	Training	Trainer	Venue	Cost
17 <sup>th</sup> April	9.30am-10.30am	Sensory Q&A Clinic	Sara Cave Stella Parkinson	Virtual	FREE
23 <sup>rd</sup> April	9.30am-10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre Ashford	FREE
24 <sup>th</sup> April	Slots booked via Amy or Heather	SEMH Clinic	Amy Honey Heather Woodcock	Virtual - <i>please email Amy or Heather to book</i>	FREE
29 <sup>th</sup> April	Slots booked via Sara	C&I Clinic	Sara Cave	Virtual – <i>please email Sara to book</i>	FREE
30 <sup>th</sup> April	9.30am – 3pm	Good Autism Practise <i>(All delegates must have completed Making Sense of Autism before booking)</i>	Sara Cave Russell Ames	Kent Invicta Chamber of Commerce	£60
1 <sup>st</sup> May	9.30am - 3pm	ACES & Trauma Informed Practice	Amy Honey & Heather Woodcock	John Wesley Primary School	£60
1 <sup>st</sup> May	Slots booked via Sherrie	C&L Clinic	Sherrie Hogg	Virtual – <i>please email Sherrie to book</i>	FREE
9 <sup>th</sup> May	1pm – 3pm	SENCO Forum	STLS	Repton Connect Community Centre	FREE
22 <sup>nd</sup> May	9.30am - 3pm	Autism, Anxiety and Girls	Sara Cave	Kent Invicta Chamber of Commerce	£60
24 <sup>th</sup> May	9.30am - 3pm	Emotional Regulation – Supporting Children where Behaviours Challenge	Amy Honey Heather Woodcock	Singleton Environment Centre	£60
21 <sup>st</sup> May	9.30am-10.30am	Sensory Circuits	Sara Cave Stella Parkinson	The Rainbow Centre Ashford	FREE

### Term 5 Training Available:

- ❖ Good Autism Practice
- ❖ Aces and Trauma Informed Practice
- ❖ Autism, Anxiety and Girls
- ❖ Emotional Regulation – Supporting Children Where Behaviours Challenge

Email [lizzie.wells@goldwyn.kent.sch.uk](mailto:lizzie.wells@goldwyn.kent.sch.uk) for access to any booking form or for more details.

# **SEND Parent and Carers Drop in**

## **When?**

**Once a month on  
Monday 29th January  
Monday 26th February  
Monday 25th March  
Monday 29th April  
Monday 20th May  
Monday 24th June**

## **Where?**

**Waterside Children's centre  
Turner Close  
Willesborough  
Ashford  
TN24 0PQ**

## **What time?**

**Any time between  
10:00am-11:30am**

Come along once a month to our friendly support group for parents and carers of children with Special Educational Needs and Disabilities.

We can provide information, advice and signposting to local support services or just a listening ear. Pick up some helpful resources, meet other families and have a chat.

All welcome no need to have your child with you.





## Concerned about your pre-school child's speech, language or communication skills?

Talking Walk-ins are play-based drop-in sessions where you can speak to a speech and language therapist

**Launching August 2023 - Just turn up!**

**For residents living in Ashford with pre-school-aged children.**  
(The service will be coming to other parts of Kent).

Children's Centre	Day/session
<b>The Willow Children's Centre</b> , Brookfield Road, Ashford, Kent, TN23 4EY Tel: 03000 418800	1st Thurs of month Time: 1.30-3.45pm
<b>Bluebells Children's Centre</b> , School Road, Hothfield, Ashford, Kent, TN26 1HA Tel: 03000 418300	2nd Weds of month Time: 9.30-11.45am
<b>Waterside Children's Centre</b> , Turner Close, Ashford, Kent, TN24 0PQ Tel: 03000 418700	3rd Weds of month Time: 1.30-3.45pm
<b>Sure Steps Children's Centre</b> , Belmont Road, Kennington, Ashford, Kent, TN24 9LS Tel: 03000 418600	4th Weds of month Time: 1.30-3.45pm
<b>Little Explorers Children's Centre</b> , Recreation Ground Road, Tenterden, Kent, TN30 6RA Tel: 03000 418400	5th Wednesday of the month (when occurs) Time: 1.30-3.45pm

Talking Walk-ins provide you with advice or ideas to try at home. We may signpost you to other support or invite you to a follow-up with the speech and language therapy service.

They run in school holidays, but not on Bank Holidays or between Christmas and New Year. Check the Children's Centre Facebook page for updates.

# Autism Understood



Autism Understood contains a wealth of information on Autism for Autistic children. There's plenty of resources online for parents, but not much for children. This website is designed to break-down every aspect of a child or young person's life that Autism may affect and present it in an easily digestible way. Their incredible website can be found [here](https://www.barrierstoeducation.co.uk).

## Autism and Trauma

The same people that created the website Autism Understood, also wrote how trauma can affect people with Autism. The website also covers how you can help someone recover from a traumatic experience, so they're able to process the trauma and feel safe

<https://www.barrierstoeducation.co.uk/autism-and-trauma>

## THE TRAUMA/ STRESS CYCLE

Autism Edition

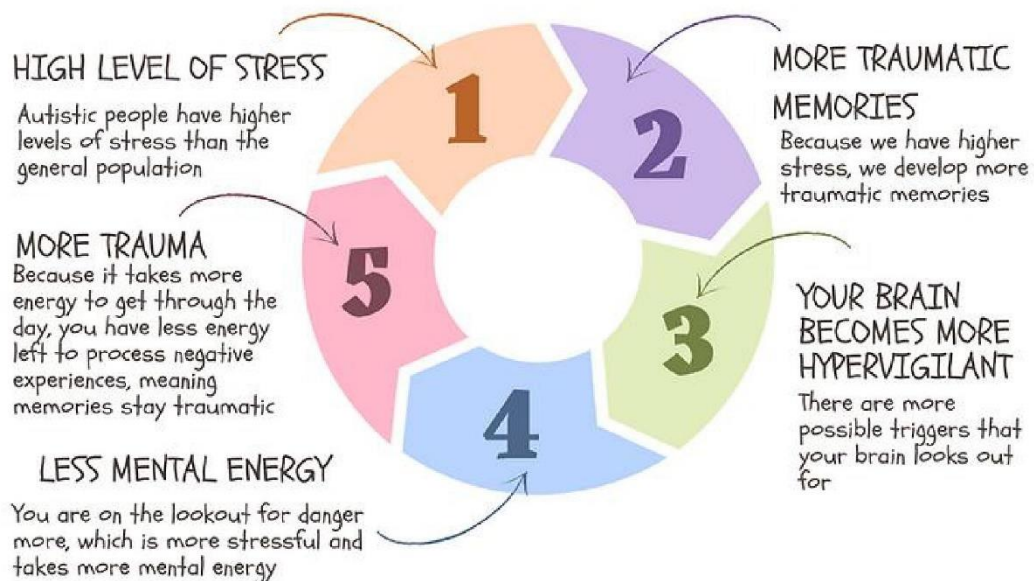


Image Credit: <https://www.barrierstoeducation.co.uk/trauma>



## Easter Self Care



### APRIL SELF-CARE-IDEAS



*do a deep spring  
clean for every area  
of your life*



*give your feet a  
break and go on  
a bike ride*



*go on an Easter  
egg hunt*



*go for a boat  
ride along  
the river*



*make rice  
crispy cakes  
with mini eggs*



*spend time  
with friends*



*give yourself  
a moisturising  
facial*



*make daisy  
chains*

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